

# Meze Dips

Served with greek flat bread 3.95

## Tapenade **D**

Kalamata olives, garlic, anchovies, capers and olive oil

## Sun dried tomato hummous **V D**

Chickpeas, roasted garlic, tahini and sun dried tomatoes

## Tzatziki dip **V**

Greek yogurt, cucumber, lemon juice, mint and olive oil

## Baba ganoush **V**

Roast aubergine, tahini, garlic, lemon juice and olive oil

## Sobrasada

A spanish spread made from chorizo piccante

# Openers

Nibbles for the table

3.95

## Marinated mixed olives **GF D**

Greek, spanish and italian olives in lemon, mixed herbs and olive oil

## Marinated olives & feta **GF**

Marinated olives with greek feta

## Bread and dipping oils **D**

Rustic breads with aged balsamic vinegar and extra virgin olive oil

# Sharing Boards

Ideal for 2 as a starter or for 1 as a main course 16.95

## Greek Meze

Char grilled lamb koftas, sundried tomato hummous, tzatziki with warm flat breads, mini greek salad, paprika coated halloumi and roast pepper chutney

## Vegetarian Board **V**

Sweet potato tortilla, sun dried tomato hummous, tzatziki, courgette fritters, greek flat breads, halloumi, sun dried tomatoes, and roast pepper chutney

# Carafe of wine & any board £25

## Antipasti Board

Slices of parma ham, mortadella, chorizo, milano, marinated olives, feta, provolone, manchego, goats cheese, rustic breads, sun dried tomatoes, and roast pepper chutney

## Fish Board

Grilled seabass, king prawns, mackerel, calamari, smoked salmon, white bait, adobo bianco, aioli, grilled lemon and salsa

# Salads

## Moroccan salad 12.95

Fresh mixed leaves with moroccan cous cous sauteed onion, peppers, paprika and garlic chicken, tzatziki and lime juice

## Greek salad **GF V** 4.95 / 9.95

Fresh mixed leaves with cucumber, tomato, onions, feta cheese and marinated olives, dressed with extra virgin olive oil

## Cesar salad 12.95

Mixed leaves, grilled chicken breast, garlic croutons, aged parmesan and cesar dressing

# Side Orders

<b>V</b> Garlic bread	3.95
<b>D V</b> Greek flat bread	1.95
<b>D V</b> Warm rustic bread	1.95
<b>D GF V</b> Roasted mediterranean vegetables	3.95
<b>D GF</b> Saffron infused rice	3.95
<b>D</b> Moroccan cous cous	3.95
<b>D V</b> Sweet potato fries	3.95
<b>D GF V</b> Skin on chips	2.95
<b>D GF V</b> Garlic and paprika potatoes	3.95
<b>D GF V</b> Side salad	3.95
<b>D GF V</b> Leaf salad	3.25

# Tapas

Any 5 for £25

Monday - Friday 12- 7 pm

*We recommend 1 tapas as a starter or 3 as a main course  
Served all day, everyday 6.95 each*

## Sweet potato tortilla **V**

Our variation of the classic spanish omelette with sautéed onion, sweet potato, provolone cheese and spinach bound together with eggs

## King prawn pil pil **GF D**

A spanish favourite, king prawns pan fried in olive oil, garlic, paprika and fresh chilli

## Trio fungi **V**

Sautéed button, chestnut and oyster mushrooms in a rich creamy gorgonzola sauce

## Adobo bianco

White fish marinated in white wine vinegar, fennel seeds and oregano, lightly dusted and fried untill golden, served with aioli and lemon

## Lamb kofta

Minced lamb rolled in fresh herbs and mint, chargrilled, served with fresh tzatziki

## Paella Pequena **GF D**

A mini paella with chicken, chorizo, red peppers, green peas and saffron infused rice

## Sepia piccante **GF D**

Pan fried octopus in a garlic, fresh chilli, and tomato salsa finished with white wine and parsley

## Lamb tagine **GF D**

Slow cooked lamb marinated in moroccan spices with sultanas, chickpeas and toasted almonds

## Moules mariniere

A tapas dish of the french classic, mussel meat sauteed with onions and garlic in cream and white wine sauce, finished with fresh parsley

## Patatas bravas **V D**

A classic tapas dish of cubed potatoes, tossed in a fresh chilli, and tomato sauce

## Fried chorizo **D**

Spanish sausage bursting with rich flavour, simply sautéed in olive oil

## Polpette

Mince beef, parmesan, breadcrumbs, garlic chilli and oregano meatballs stewed in a tomato, basil and red wine sauce

## Croquettes

Roasted chicken, mixed herbs and béchamel rolled in breadcrumbs and deep fried, served with a balsamic mayonnaise

## Catalana spinach **GF V**

Pan fried spinach, butternut squash, sultanas, pine nuts, garlic and parmesan cheese all in a creamy sauce, finished with a touch of nutmeg

## Bruschetta rosso **V D**

Toasted italian bread smothered with tomato, garlic, red onion and basil salsa

## Chicken wings **GF D**

Char grilled chicken wings marinated in paprika, chilli, cumin and lime zest

## Calamari fritti

Lightly dusted squid rings, seasoned with black pepper and paprika, served with aioli and lemon

## Halloumi **V**

Halloumi cheese simply floured and deep fried, finished with sweet paprika, served with roast pepper and sun dried tomato chutney

## Cod and pancetta fishcakes

Flaked cod fillet and smoked pancetta bound together with mashed potato, fried untill golden brown

## Pollo pil pil **GF D**

Pan fried strips of chicken, onions and red peppers, with cumin, chilli, oregano, garlic and paprika

*All of our dishes are made to order using local supplied and fair trade products where possible*

*We do not list all of our ingredients in our dishes, please discuss any dietary requirements with a member of staff*

*fish may contain bones*

**D** denote dairy free

**V** denotes vegetarian

**GF** denotes gluten free

## Stuffed Flat Breads

All 7.95

Chicken breast and basil pesto  
*with sun dried tomatoes and mozzarella cheese*

Bocata de calamares  
*deep fried calamari with rocket and aioli*

Chicken breast and chorizo  
*with red peppers and mozzarella cheese*

Mortadella ham and provolone cheese  
*with rocket and roast pepper chutney*

Halloumi cheese **V**  
*with cherry tomatoes, rocket and pesto*

Mediterranean vegetables **V**  
*with melted french goats cheese*

Lamb koftas  
*with mixed salad and tzatziki*

Moroccan chicken  
*with rocket, peppers, onions and tzatziki*

Hummous **V**  
*with rocket and sun dried tomatoes*

*served with chips, mixed salad  
or herb potatoes*

**£1 Upgrade to sweet potato fries**

## Main Course

Linguine polpette 12.95  
Linguine pasta with mini italian beef meatballs  
in a tomato, basil and red wine sauce

Linguine pesto 12.95  
Linguine pasta with fresh green pesto, chicken,  
sun dried tomatoes, finished with parmesan  
shavings and pine nuts  
*(Gluten free pasta available) GF*  
*(Vegetarian option with mushrooms) V*

Linguine rosso 13.95  
Linguine pasta with tiger prawns, tossed in  
fresh chilli, garlic, chopped tomato and basil  
*(Gluten free pasta available) GF*

Agnolotti Arragosta 13.95  
Fresh handmade pasta shells filled with lobster  
in a cream and white wine sauce, finished with  
tiger prawns and a touch of lemon

Pollo valenciana 15.95  
Chicken breast, red peppers and chorizo sausage  
slow roasted in a cream and smokey paprika  
sauce, served with saffron infused rice

Seabass **GF D** 17.95  
Pan fried seabass fillet on a bed of saffron  
rice, oyster mushrooms, baby spinach,  
pancetta and roasted red pepper risotto  
*(Pescatarian option available without pancetta) P*

Risotto de rossi **GF** 12.95  
Arborio rice with sautéed mushrooms, pancetta,  
butternut squash and green peas finished with  
fresh herbs, white wine and aged parmesan  
*(Vegetarian option available) V*

## Paella's

Paella (for 2 people) **GF V D** 29.95  
A spanish family classic, king prawns, chorizo  
chicken thigh, tiger prawns squid, mussels,  
saffron infused rice, roast peppers and peas

Vegetable Paella **GF** 13.95  
A spanish classic, filled with mixed vegetables  
and saffron infused rice, finished with aioli

Fideua 14.95  
A paella using saffron infused pasta noodles  
instead of rice, with octopus, tiger prawns,  
squid, mussels roast peppers and green peas  
finished with aioli

Risotto Noir **GF** 14.95  
A paella with a twist, cooked with squid ink  
stained rice, tiger prawns, squid, mussels,  
peppers and green peas, finished with aioli

# Desserts

5.25

## Panna cotta **GF**

Vanilla infused panna cotta with honey, blueberries and almond brittle

## White chocolate and pistachio torte **V**

White chocolate mousse on a soft sponge base, topped with toasted pistachios, served with raspberry coulis

## Limoncello tiramisu **V**

Layers of savoiardi biscuits, vanilla mascarpone, limoncello infused cream, with biscotti crumble

## Chocolate and hazelnut tart **V**

A pastry case filled with dark chocolate and hazelnut ganache, served with hazelnut brittle and hazelnut gelato

## Affogato **V**

2 scoops of creamy vanilla italian gelato topped with amaretto biscuits and a shot of espresso coffee to pour over the top

## Italian Gelato or Sorbet **GF**

Choose 3 scoops of Award winning Joe DeLuccis italian creamy gelato or fresh fruit sorbet  
All made with real fruits and natural ingredients  
All sorbets are fat, gluten and dairy free  
Please ask your server for today's flavour

## Trio of cheese

Manchego, provolone and goats cheese, served with sun dried tomato and roast pepper chutney, quince and rustic crackers

## Tapas of desserts (for 2 people) 12.95

A sharing board of 5 mini versions of our desserts and a scoop of creamy gelato

## Coffee and a Treat

Don't fancy a full dessert..... £4.25

To finish your meal, why not have a mini version of any of our dessert and either Latte, Cappuccino, Espresso, Tea or Americano